Fill in the blanks:

1. Eyes help us to ___________.
2. Skin helps us to ___________.
3. We wear ___________ clothes in summer.
4. We wear ___________ clothes in winter.
5. We should ___________ our food properly.
6. Fruits and vegetables keep us ___________.
7. We cannot ___________ without water.
8. Boiling water kills ___________.
9. We should cut our ___________ short regularly.
10. ___________ is used for putting out fire.
11. ___________ and ___________ cannot live without water.
12. We should brush our ___________ every morning and at bedtime.
13. Nose helps us to ___________.
14. We eat ___________ in the morning.
15. We use an ___________ in rainy season.
16. ___________ protect us from heat, cold and rain.
17. Ears help us to ___________.
18. Tongue helps us to ___________.
19. We wear woollen clothes in winter. They protect us from the ____________.

20. We wear raincoats and gumboots in rainy season. They protect us from the ____________.

21. We wear cotton clothes in summer. They protect us from the ____________.

Name the following:-

1.  Name the three meals of the day.
   Ans:   a) _________________________
          b) _________________________
          c) _________________________

2.  Name the five sense organs.
   Ans:   a) _________________________
          b) _________________________
          c) _________________________
          d) _________________________
          e) _________________________

3.  Name the three major seasons.
   Ans:   a) _________________________
          b) _________________________
          c) _________________________
Answer the following questions:-

1. How many sense organs do we have?
   Ans:  

2. Why do we need food?
   Ans:  

3. Why do we wear clothes?
   Ans:  

4. Write five uses of water.
   Ans:   a)  
          b)  
          c)  
          d)  
          e)  

5. Write three good habits that help us to keep healthy.
   Ans:   a)  
          b)  
          c)  
### A.
1. Eyes  
   to hear  
2. Nose  
   to taste  
3. Ears  
   to see  
4. Tongue  
   to feel  
5. Skin  
   to smell

### B.
1. Breakfast  
   complete food  
2. Lunch  
   morning  
3. Dinner  
   afternoon  
4. Milk  
   daily  
5. Water  
   night  
6. Do exercise  
   drinking

### C.
1. Winter season  
   umbrella  
2. Summer season  
   short season  
3. Rainy season  
   cold  
4. Spring season  
   hot

### D.
1. Dal and fish  
   keep us healthy  
2. Bread and butter  
   woollen clothes  
3. Fruits and vegetables  
   help us to grow  
4. Summer season  
   give us energy  
5. Winter season  
   cotton clothes
Tick the right answer:-

1. Do animals need water?
   Yes [ ]  No [ ]

2. Do plants need water?
   Yes [ ]  No [ ]

3. I have
   2 eyes [ ]  3 eyes [ ]

4. I have
   2 ears [ ]  3 ears [ ]

5. I have
   4 hands [ ]  2 hands [ ]

6. I have
   20 fingers [ ]  10 fingers [ ]

7. I have
   1 nose [ ]  2 noses [ ]

8. I have
   2 legs [ ]  4 legs [ ]
Circle the word that matches with the picture:-

- Eye  Ear  Nose

- Hand  Nose  Eye

- Nose  Ear  Hand

- Nose  Hand  Eye

Draw and colour any one fruit and one vegetable:-